



Christ the King, North Rocks

Term 4, Week 6

14th November, 2013

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Newsletter Vol. 37 No. 35

WEEK 6

Thur 14

- * **YEAR 5 CAMP**
- * Danceclub 3.15—4.15pm

Fri 15

- * **YEAR 5 CAMP**
- * 7.45am Band
- * Lunch Orders
- * Year 3 attending Parish Mass 9.15am
- * **ICE BLOCK DAY \$1-00 (at lunch time)**

WEEK 7

Mon 18

- * Lunch orders
- * **DANCE FEVER** All students in sport uniform

Tue 19

- * Glee Club 7.50am Senior Vocal
8.20am Senior Dance
Junior classes held throughout the day
- * Uniform Shop 8.30am—11.30am &
1.30pm—3.30pm
- * **GLEE CLUB PERFORMANCE AT
ROUSE HILL TOWN CENTRE 1PM**

Wed 20

- * **Choir 8am**
- * Chess Club 3-4pm

Thur 21

- * **FEAST OF CHRIST THE KING—
WHOLE SCHOOL MASS & ACTIVITIES.
All children in sport uniform**
- * Danceclub 3.15—4.15pm

Fri 22

- * 7.45am Band
- * Lunch Orders
- * **CTK ANNUAL FETE
& FOOD FAIR
3.00-9.00PM**

Dear Parents,

At this very busy time of year I would like to acknowledge all the hard work being accomplished by the Fete Committee. I congratulate Linda Sassine, Alison Baxter and their team who are well on the way to completing the organization of the Fete next week. Thank you to all involved. I know that next Friday will be a great success and the children are looking forward to not only the many rides organized but also visiting the wide variety of stalls organized this year. Your amazing work and dedication is greatly appreciated by all in our school community.

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We have been advised by Senior Constable Rob Paterson, Youth Liaison Officer with the Hills Local Area Command that the new Commander, Supt Rob Critchlow has announced measures to ensure the safety of children in school zones. Police will be targeting specific schools in the upcoming weeks. Please ensure your children are dropped off and picked up safely from school by adhering to all parking/ driving regulations.

Have great week,

*Annelise Stockey, Principal*

## **Christ the King Feast Day**

As we continue our celebrations for our Christ the King communities 40<sup>th</sup> Anniversary, our students will celebrate during our Christ the King Feast Day. Our day will be focused on celebrating our schools history of our deep faith in Jesus Christ, our dynamic learning and strong sense of community. The day will begin with families and students gathering for our whole school Christ the King Feast Day Mass. Then students will then be involved in structured activities led by the CTK staff throughout the day in mixed age groups.

When: NEXT Thursday 21<sup>st</sup> November 2013

Where: Christ the King School

Wear: **ALL STUDENTS IN SPORT UNIFORM**

Timetable of the Day:

|          |                                                      |
|----------|------------------------------------------------------|
| 9:00 am  | Whole School Christ the King Feast Day Mass          |
| 10:00 am | Recess                                               |
| 10:30 am | Whole School Rotation Activities in Mixed Age Groups |
| 1:00 pm  | Lunch                                                |
| 1:30 pm  | Whole School Rotation Activities in Mixed Age Groups |
| 2:55 pm  | Dismissal                                            |

*We are looking forward to celebrating our 40<sup>th</sup> Anniversary  
as a whole school community.*



## SPORT NEWS

### 2014 SWIMMING CARNIVAL

The Annual CTK Swimming Carnival for the 2014 year will be held at Parramatta Pool, O'Connell Street Parramatta on Tuesday, 17<sup>th</sup> December, 2013 (Week 11) starting at 9:30am until approximately 2.00pm.

A permission / events form has been sent home (Due to Camp, Yr 5 students will receive their swimming note next Monday 18th November).

**Please fill in an entry form for each child.**

These should be returned to school by **MONDAY, 25<sup>th</sup> November** so that we can begin organizing children into races.

For such a day to run safely and efficiently we will require parents helpers. No experience is necessary so if you are able to assist, please fill out the slip on the children's permission note and return it to school by **NEXT MONDAY, 11th November**.

**All grades will be attending the Swimming Carnival this year as it is a normal school day and a compulsory school activity.**

*Anthony Matthews, Sport Coordinator*

### HAVE YOU BEEN TO BAKERS DELIGHT NORTH ROCKS RECENTLY?

Just a reminder to all School Families that Brett and his team at Bakers Delight North Rocks donates 5% of all purchases of school families back to the school. If every family at the school was to purchase just one loaf of bread a week from Bakers Delight North Rocks and mention they have children at the school we could raise approximately \$260.00 for the school in the last 5 weeks of this year.

*We would like to thank Brett Cronin from Bakers Delight North Rocks for his organisation of this program and to the CTK families for your support.*

### MARK IN YOUR DIARY / TERM 4

- \* Christmas Concert Tuesday, 10th December
- \* Yr 6 Graduation Mass Thursday, 12th December
- \* Gingerbread Making Night Monday, 16th December
- \* 2014 Swimming Carnival Tuesday, 17th December
- \* End of Year Mass, Wednesday 18th December

### ADVANCE NOTICE : END OF YEAR PROFESSIONAL LEARNING DAYS

As shown on our Term 4 School Calendar (additional copies available from the school office), there will be two Staff Development Days on Thursday 19th and Friday 20th December 2013. These professional learning days will focus on 2014 School goals.

*This means that school will finish for all children on Wednesday, 18th December.*

### ICAS Mathematics Achievements—belated Congratulations

Our congratulations to Renee Lee Year 6, who achieved a Credit in the International Competition and Assessment for Schools Math Competition. Renee's achievement has just been received from ICAS and was not included in the results in Week 2's newsletter.



### UNSOLD FETE RAFFLE TICKETS

**Urgent call**

Can all **UNSOLD** Fete raffle booklets be returned to the Office **URGENTLY**. They will be used on Fete night.

*Happy Birthday  
this week to*



Nov

- 15th Mrs. Susan Ritchie (Office)
- 16th Lucy Saul
- 18th Jason Vaz  
Abby West
- 19th Amelia Papworth

### Please update Calendar

#### Year 1 Assembly

*Due to unforeseen circumstances this assembly has been reschedule to Friday, 6th December (Wk 9) not Friday 15th November as shown on the school calendar.*

### UNIFORM SHOP 2013

**TUESDAYS 8.30AM—11.00AM  
1.30PM—3.30PM**

*The Uniform Shop is open on TUESDAYS ONLY each week with morning and afternoon opening hours for your convenience.*

Parents are most welcome to place an order through the office.

**FULL PAYMENT** must accompany all orders.

The Uniform Shop can accept cash or cheque (made payable to Christ the King). Eftpos facilities are able to be accessed through the School office for Uniform orders.

**The Uniform Shop Price List is now available on the Christ the King School web site**

Go to [ctknorthrocks.catholic.edu.au](http://ctknorthrocks.catholic.edu.au) and click on the 'Parents' tab then click on Handbook, School Office and then Uniform Shop / Clothing Pool. On this page you will find the price list to download.

**The School Office is open  
from 8:30am—3:30pm**



## Library News

### Week 7 will be the last week for students to borrow library books from the Holy Faith Library for 2013.

We have had a very successful year of borrowing from students and I encourage you to join and regularly visit your local library to continue reading over the Christmas break. Please have a good look at home for any Christ the King library books or home readers and return them to the library. We will be begin our annual stocktake in Week 9. Thank you.

### Write a Book in a Day (WABIAD) 2013

Last Thursday six Year 6 students accompanied me to Westmead Children's Hospital for the presentation of the funds raised through WABIAD and to find out the results of the writing competition. This year the WABIAD fund raising initiative presented a cheque for almost \$43 000 to the Kids Cancer Fund, this added to previous years means that we have now raised over \$250 000 for this worthwhile cause. It was pleasing to discover that through the research that this unit conducts, the survival rate of children with cancer has increased to 80% a massive increase from the 3% it stood at. Your gold coin donations for the Book Week Parade contributed to this year's monies. Thank you. **We are thrilled to announce that our Christ the King Girls Team were judged Best Illustrator in the Primary School Division for their book "The More You Go The More The Colours". This was an exciting moment for the girls and an excellent achievement. Well done.**

### Write4fun 2013

Congratulations to Nicole Travers of Year 1 who this year entered the write4fun Poetry & Short Story Competition. Nicole's poem titled "Nikki's Vegies" has been selected to be published in the book 'Big Dream'. This is a fantastic effort by Nicole and we look forward to seeing more of her work very soon.

#### **Nikki's Vegies**

Nikki wouldn't eat her vegies  
She thought they tasted yuk.  
Nikki said to mummy  
I won't eat that muck!  
You've got to eat your vegies  
You might get sick and die!  
Nikki slowly took a bite  
Just a little one.  
Then she smiled and cried out loud  
These vegies are quite YUM!  
Oh that's great her mummy said  
I'm so glad you tried.  
Vegies are the greatest food  
For a long and healthy life.

### Read2remember

Once again this year Christ the King participated in the Read2remember initiative on Monday 11<sup>th</sup> November 2013. This is an opportunity to look at the sacrifices of the many men and women of Australia who fought or were involved in any war and to identify with their spirit of courage and resilience. Through reading "The Pledge of Remembrance" and "The Quest for Courage" we hope the students can learn to apply that determination in their own lives.

*Sarah Cook, Teacher Librarian/LTST*



# Parents Representative Council

SUPPORT | CELEBRATE | EDUCATE



## 2014 Dates

The PRC would like to take this opportunity to thank all the representatives for our Catholic school for being part of our council and wish everyone a Merry Christmas and a Happy New Year

| Term                                                           | Event                        | Guest Speakers                                                                                                                                                                                                                                                                                                                                                                     | Location                                                                            |
|----------------------------------------------------------------|------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Term 1<br>Monday<br>3 <sup>rd</sup> Mar 2014<br>7pm            | Annual<br>General<br>Meeting | <b>PRC Welcomes</b><br>Ms Monique Dalli, Leader of e-Learning, Gilroy Catholic College, Castle Hill<br><b>Presenting</b><br>iPad Awareness. (Attendees to bring iPad)                                                                                                                                                                                                              | DAC                                                                                 |
| Term 1<br>Wednesday<br>26 <sup>th</sup> Mar 2014<br>7pm        | PRC<br>Presentation          | <b>PRC Welcomes</b><br>The Resilience Donut<br><b>Presenting</b><br>The Transition to High School: Helping your child to build resilience and navigate change                                                                                                                                                                                                                      | TBC – Parramatta/Holroyd<br>Cluster Venue                                           |
| Term 2<br>Sunday<br>18 <sup>th</sup> May 2014<br>9am to 3pm    | PRC<br>Reflection Day        | <b>PRC Welcomes</b><br>Fr. Richard Leonard, Director, Australian Catholic Film and Broadcasting                                                                                                                                                                                                                                                                                    | "Winbourne"<br>Edmund Rice retreat &<br>Conference Centre<br>1315 Mulgoa Rd, Mulgoa |
| Term 2<br>Monday<br>2 <sup>nd</sup> June 2014<br>7pm           | General<br>Meeting           | <b>PRC Welcomes</b><br>Most Rev. Bishop Anthony Fisher                                                                                                                                                                                                                                                                                                                             | DAC                                                                                 |
| Term 2<br>Tuesday<br>17 <sup>th</sup> Jun 2014<br>7pm          | PRC<br>Presentation          | <b>PRC Welcomes</b><br>Remy Lowe, Academic Counsellor, Western Sydney<br><b>Presenting</b><br>Senior subjects and UAC selection guidance for year 10 to year 12 students.<br>Parents and student to attend.                                                                                                                                                                        | TBC – Penrith/Blue<br>Mountains Cluster Venue                                       |
| Term 3<br>Monday<br>18 <sup>th</sup> Aug 2014<br>7pm           | General<br>Meeting           | <b>PRC Welcomes</b><br>Mrs Sue Walsh, Catholic Education Office Parramatta (Leader of Systems Learning) and/or Mrs Mary Creenaune, Catholic Education Office Parramatta (Team Leader of Student Services)<br><b>Presenting</b><br>Learning Difficulties - How do I know if my child has a learning difficulty?<br>What do I do? What Support is available in our catholic schools? | DAC                                                                                 |
| Term 3<br>Monday<br>1 <sup>st</sup> Sept 2014<br>7pm           | PRC<br>Presentation          | <b>PRC Welcomes</b><br>Dr Andrew Martin<br><b>Presenting</b><br>Anxiety & Children                                                                                                                                                                                                                                                                                                 | TBC – Hills/Hawkesbury<br>Cluster Venue                                             |
| Term 4<br>Monday<br>10 <sup>th</sup> Nov 2014<br>7pm           | General<br>Meeting           | <b>PRC Welcomes</b><br>Michelle Nolan, Coordinator Healthy Weight Promotion Team (Healthy Children's Initiative) Health Promotion, Western Sydney Local Health District and/or Jenny Plaskett, Live Life Well @ School Coordinator, Health Promotion, Western Sydney Local Health District<br><b>Presenting</b><br>Childhood Obesity/Healthy Eating                                | DAC                                                                                 |
| Term 4<br>Wednesday<br>29 <sup>th</sup> October<br>2014<br>7pm | PRC<br>Presentation          | <b>PRC Welcomes</b><br>Danielle Mantakoul<br><b>Presenting</b><br>Smart Start School Readiness                                                                                                                                                                                                                                                                                     | TBC – Greater Blacktown<br>Cluster Venue                                            |





## Recognising Specific Learning Difficulties (SLDs)

Children and adults with SLDs have strengths in some areas and unexpected weaknesses in others. They are often misunderstood and mistakenly seen as lazy, lacking in ability or poorly motivated. SLDs are NOT primarily due to low intelligence, emotional problems, attention difficulties, inadequate teaching, vision or hearing difficulties. Whilst people with SLDs do not all have the same type of problems, most will have a number of the characteristics listed below:

- average or above average general ability
- difficulty with reading, spelling or mathematics or uneven achievement across the curriculum
- difficulty copying or writing things down
- poor handwriting
- results not reflecting effort put in
- taking longer than other children to finish written work
- history of speech and/or language difficulties
- word finding problems
- trouble remembering times tables
- poor memory for oral instructions
- poor organisational skills
- family history of similar problems
- clumsiness

*"One size doesn't fit all. We need to improve the education of all of us... to enable people to turn their lives around in most wonderful ways"*

Our Patron:

Her Excellency Professor Marie Bashir AC CVO  
Governor of New South Wales



**SPELDNSW**

SPECIFIC LEARNING DIFFICULTIES  
ASSOCIATION OF NSW

## Supporting people with Specific Learning Difficulties



**WHO WE ARE AND  
WHAT WE CAN DO FOR YOU**

**EARLY RECOGNITION, ASSESSMENT  
& INTERVENTION IS THE BEST WAY  
TO MAKE CHANGES...**

**TALK TO ONE OF OUR  
REFERRAL OFFICERS TODAY!**



**02 9739 6277**

Office hours:

**10am - 2pm, Mon to Thurs**

Contact details:

2/172 Majors Bay Road,

Concord NSW 2137

Phone: 02 9739 6277

Fax: 02 8765 1487

enquiries@speldnsw.org.au

www.speldnsw.org.au

ABN: 27 508 090 871



## What is SPELD NSW?

SPELD NSW is a not-for-profit organisation whose mission is to provide advice and services to children and adults with specific learning difficulties and those who teach, work with and care for them. SPELD NSW was founded in 1968.

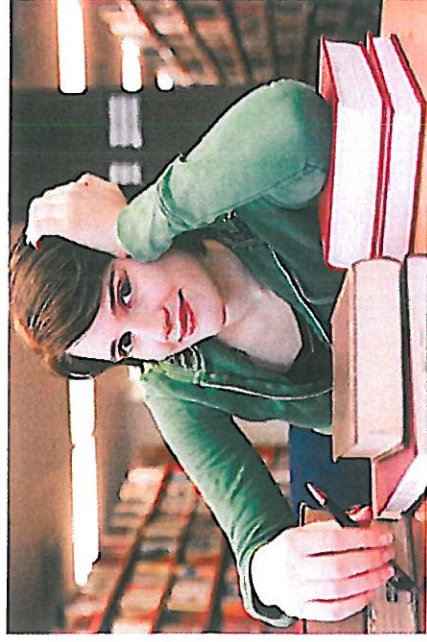
## Our Vision

That all individuals in NSW with Specific Learning Difficulties will have every opportunity to achieve their full potential in life.



**Visit [www.speldnsw.org.au](http://www.speldnsw.org.au)  
or call 9739 6277  
for more information about...**

- specific learning difficulties (SLDs)
- getting the right professional help for your child
- membership subscriptions and benefits
- upcoming events and workshops
- accessing SPELD NSW library & resources
- volunteering at SPELD NSW
- donating towards the valuable work of SPELD NSW (donations over \$2 tax deductible)



## Our Services

**Advisory Service** – Support, information and advice is offered to parents and other professionals via telephone, email or office visit

**Assessments** – For specific learning difficulties

**Tutors** – We have a register of qualified tutors who provide specialist one-one tutoring for children and adults

**Professional development** – We facilitate workshops, professional development days and conferences for parents, teachers and allied professionals

**Referrals** – We have a referral database of tutors and allied professionals in the field of SLDs

**Library** – Teaching resources, readers, reference books and journals to assist with understanding and educating children and adults with SLDs

**Book sales** – Carefully selected and recommended by SPELD NSW

**Website** – Includes details of SPELD NSW's services, calendar of events, information about SLDs, online tools, downloads, membership application forms, member only access pages

## Membership Subscriptions

**Student Membership** – This category includes any fulltime university, TAFE or Specialist College students

**Individual Membership** – This category is suitable for any interested family member or parent of a child with a possible or diagnosed learning difficulty; any adult with a specific learning difficulty or interested community member

**Tutor Membership** – This category is for teachers or other professionals (not listed in the 'other professional category') who have specialist training in teaching people with specific learning difficulties

**Other Professional/Professional Practice** – Educational Psychologists, Speech Pathologists, Occupational Therapists, Behavioural Optometrists, 'Intrinsic' therapists such as Sound Therapists, Neurofeedback specialists etc. fall under this category

**School Membership** – Pre-schools, primary and secondary schools, of all systems are welcomed, with their ability to disseminate SPELD NSW information to their school communities, and with discounts available for professional development events

Visit [www.speldnsw.org.au](http://www.speldnsw.org.au) for current fee schedule, list of membership benefits and professional database registration process.







## Parish Mass times

|                |                                                                                    |           |                |        |                  |        |
|----------------|------------------------------------------------------------------------------------|-----------|----------------|--------|------------------|--------|
| Saturday Vigil | 6.00pm                                                                             |           |                |        |                  |        |
| Sunday Masses  | 8.00am, 10.00am and 6.00pm                                                         |           |                |        |                  |        |
| Weekday Masses | <i>Monday</i>                                                                      | no masses | <i>Tuesday</i> | 7.30pm | <i>Wednesday</i> | 9.00am |
|                | <i>Thursday</i>                                                                    | 9.00am    | <i>Friday</i>  | 9.15am | <i>Saturday</i>  | 9.00am |
| Reconciliation | Saturday morning Rosary at 8.30am with Reconciliation at 9.30am and then at 4.30pm |           |                |        |                  |        |

## CHILD PROTECTION—CEO PARRAMATTA MODULE & THE NEW WORKING WITH CHILDREN CHECK



The Working with Children Check is now a three step process which includes Completion of the CEO Online Child Protection Module and Completion of the 'new working with children check' through the NSW Commission for Children website. Applicants will then need to present the completed documentation at their local Roads & Maritime Service (RMS) Office (formally RTA) for screening which completes the check.

1. It is a Diocesan requirement that any parent volunteering at Christ the King School complete the Child Protection training module.

This training is to be completed online at :

<http://childprotection.parra.catholic.edu.au>

CTK will receive email notification when you complete the CEO module.

The Child Protection module **MUST** be completed every 2 years.

2. When module has been completed go to: **[www.kids.nsw.gov.au](http://www.kids.nsw.gov.au)** and follow the links to complete the 'new working with children check'. A Working With Children Check is a prerequisite for anyone in child-related work. It involves a national criminal history check and review of findings of workplace misconduct.

Only paid workers in child-related work are required to pay the \$80 fee for a five year clearance. This equates to \$16 per year, the lowest in Australia (together with Victoria).

*The Working With Children Check remains free for:*

- Volunteers and students
- Potential adoptive parents
- Authorised carers
- Adults who reside in the home of:
  - an authorised carer
  - a family day care service provider
- a home-based education and care service provider.

3. Once the RMS check has been completed you will receive an email which will state that you have clearance to work with children. A copy of the RMS email will need to be presented to the school office to complete your Working with Children Check. **Only then** will you be cleared to work with the children in the school.



**Our Lady of Mercy College Parramatta** will be welcoming future Mercy Girls starting Year 7 in 2014 to Orientation day on **Friday November 15**. The College is now enrolling for 2014 and 2015. Visit [www.olmc.nsw.edu.au](http://www.olmc.nsw.edu.au) or contact the Registrar 8838 1222 to discuss how your daughter can be a Mercy Girl. **The College** is now accepting applications for Mercy Scholarships for Academic Excellence and Music Excellence. Girls entering Years 7, 9 or 11 in 2015 are invited to apply. Visit the College website [www.olmc.nsw.edu.au](http://www.olmc.nsw.edu.au) for more information.

**UWS Observatory.** University of Western Sydney Penrith Observatory. Astronomy Night- **Saturday 16th November 8.00pm-10pm.**

Is anyone out there?? A hunt for ET. This night not only includes the multimedia presentation but also a 3D astronomy movie and viewing of the night sky through the University's 0.6 metre and 0.25 telescopes. Our program will run regardless of the weather. Cost: \$15 per adult and \$10.00 per child. Concession \$40.00 per family. Bookings are essential: Book and pay online [www.uws.edu.au/observatory](http://www.uws.edu.au/observatory). For any enquiries phone 02 4736 0135 or email [r.mccourt@uws.edu.au](mailto:r.mccourt@uws.edu.au)

**CARLINGFORD FLAMES NETBALL CLUB** 2014 Registration day, ages 7 – Senior. **Sunday, 17 November 2013, 1-3pm** at Storage King – 1 North Rocks Road, North Parramatta. Enquiries to: Claire Dale@ [cddale@optusnet.com.au](mailto:cddale@optusnet.com.au) or Chris Kelleway@ [ckelleway@hotmail.com](mailto:ckelleway@hotmail.com), or visit the club website: [www.carlingfordflames.netball.asn.au](http://www.carlingfordflames.netball.asn.au), for all registration information.

The sixth **Our Lady Queen of Peace, Greystanes. Craft Market and Antique Valuations** is on **Saturday, 23 November** from 8am to 2pm in Camilleri Hall. Preforming at this market will be the NSW Police Band and Belinda Adams also from The Voice, and Holroyd Police will have a display. It is just over a month before Christmas, so be assured the Market will have special gift ideas for everyone on your Christmas list, and don't forget those teachers, work colleagues and special friends. There are over 35 stalls from all over Sydney, selling quality Christmas decorations and gifts, baby wear, home-made décor, kitchen goods, edible treats, scarves and bags, jewellery, violets and plants and much more. A unique drawcard of the Craft Market is the professional Antique Valuations, available from 9am. Everyone is encouraged to bring along special treasures or family heirlooms and paintings to have them valued. Instead of bringing large paintings with you, the valuation can be done from a photo of the painting and artist signature. Each valuation costs \$5.00. This is a great social day out for the whole family with traditional Devonshire teas and a fantastic sausage sizzle by Holroyd Lions Club serving breakfast and lunch from 8am. Profits from the Craft Market will be donated to NSW Police Legacy who support for the widows, widowers and dependent children of deceased NSW Police officers For further information please contact: [events@olqp.org.au](mailto:events@olqp.org.au) [www.olqp.org.au](http://www.olqp.org.au) [www.facebook.com/craftmarketgreystanes](http://www.facebook.com/craftmarketgreystanes)



**North Rocks Scouts, North Rocks Guides, North Rocks Rural Fire Brigade.**

**Open Day Sunday 24th November – Baden Powell Place North Rocks.**

**10am – 2pm – drop in anytime. Free activities – Flying Fox – Rope Bridge – Water slide - Craft – Camping Displays. BBQ lunch and drinks available. Suitable for Kids of all ages – Families – Friends. All enquiries call Cassie Rec on 0408293077**

**Family Astronomy Night - Telescopes for Christmas** The UWS Penrith Observatory together with the Western Sydney Amateur Astronomy Group (WSAAG) will be running a Family Astronomy Night on Saturday, 30 November from 8pm – 10pm. The evening will include a presentation from WSAAG members who will look at some of the different types of telescopes you could buy for your families and friends, a 3D astronomy movie and stargazing through the University's computerised telescopes (weather permitting). **Cost:** \$15 adult, \$10 child/concession and \$40 family. **Bookings are essential:** Book and pay online: [www.uws.edu.au/observatory](http://www.uws.edu.au/observatory), What's On **Enquiries:** Phone (02)4736 0135 or email [r.mccourt@uws.edu.au](mailto:r.mccourt@uws.edu.au)

**NORTH ROCKS SOCCER CLUB invites Girls aged 7-14 years to our 'COMe& TRY'SOCCER FUN SKILLS Day**

**Venue:** North Rocks Park **Date:** Sunday 1st December 2013 **Time:** 9.00am-11.30am. You must register your interest if attending!

Discounted registration for 2014 also available on the day (Register for 2014 season on the day)

email our Ladies Co Ordinator, Helen at [helenbrown.home@gmail.com](mailto:helenbrown.home@gmail.com)

Appearance by Western Sydney Wanderers W-League players. Free sausage Sizzle to all registered girls

**KIDS COTTAGE EARLY YEARS LEARNING CENTRE UNDER NEW MANAGEMENT—OPEN DAY SATURDAY 7TH DECEMBER 10AM—1PM**

[www.kidscottagchildcare.com.au](http://www.kidscottagchildcare.com.au) Face Painting, Petting Farm, New renovated facilities catering for children 0-6 years.

**GKR Karate** – Are you interested in learning more about Karate? Are you keen for your child to learn self defence? Do you want to increase your fitness? Did you know that karate can help a child build confidence and self esteem? If you have any interest in finding out about local classes and costs please do not hesitate to contact Kerrie Collier 0414 465 416. Karate is for everyone!

**LITTLE FLIPPERS MOBILE SWIM SCHOOL** We come to you to teach swimming in the confidence of your OWN pool. All swimming instructors are Austswim or Swim Australia Qualified. For information contact: Jacqui Stone 0421 205 929.

**THE AFTERNOON SHIFT** at Hills Community Aid, Baulkham Heights. **Free activities** The Afternoon Shift is a space for families to come together free of technology and other everyday interruptions. Each week we provide activities for families with children from 5-12 and their parent/s. Information pamphlet available from the office. For further info contact Mici 9639 8620 Or [cdw2@hca.org.au](mailto:cdw2@hca.org.au)

**Go4Fun** is a FREE program that is run through the local Health Service. The program has been specifically designed for children aged 7-13 years who are above a healthy weight. A parent or carer must attend each session with their child. The program runs for 10 weeks after school. An information flyer is available from the office.